ABSTRACT

Salmah, Siti., 2023. Investigating the Types and Levels of EFL Students' Speaking Anxiety in Speaking for Academic and Professional Purposes Class. A Paper. English Education Department, Faculty of Tarbiyah and Teacher Training, UIN Sunan Gunung Djati Bandung.

Speaking for Academic and Professional Purposes is a crucial course for English Language Education students. Because this is a required course for thirdsemester students majoring in English Language Education at Islamic State University of Sunan Gunung Djati Bandung. Furthermore, this course is extremely beneficial for improving speaking skills in the world of lectures, because this course prepares students to speak in academic settings such as presentations, debates, and even at the end of seminars. The purpose of this study is to determine the types and levels of speaking anxiety experienced by third-semester students enrolled in the Speaking for Academic and Professional Purposes course, as well as how students overcome their speaking anxiety issues.

As a qualitative design, this study used the descriptive method. Third-semester English Language Education majors at Sunan Gunung Djati State Islamic University Bandung participated in this study. This study employed random sampling, with 30 participants choose at random from the third semester. Questionnaires and interviews are used to collect research data on students' types and levels of public speaking anxiety, as well as how they overcome it.

McCroskey (2001) distinguishes four types of public speaking anxiety: trait anxiety, context anxiety, audience anxiety, and situational anxiety. This is consistent with the study's findings. According to the findings of the study, eleven (37%) students showed all four types of speaking anxiety. Only one student (3%) has speaking anxiety as a trait anxiety. One student (3%) had only speaking anxiety as a type of context anxiety. Five (17%) students reported only having speaking anxiety with audience anxiety. Only three students (10%) have only speaking anxiety with situational anxiety. Five (17%) students did not experience all four types of public speaking anxiety. In terms of speaking anxiety, 10 of the 30 students have a high level of anxiety; 17 have a moderate level of anxiety, and 3 have a low level of anxiety. In addition, the way students deal with their speaking anxiety problems also varies, such as adjusting their breath, trying to focus, and increasing speaking practice at home.

Students can learn more about the type and level of their speaking anxiety by conducting this study, and then try some of the methods mentioned in this study to overcome it rather than ignoring it. Furthermore, lecturers are expected to be able to identify anything that may cause anxiety in students. However, the subject of learning limited the scope of this study. As a result, additional research can be conducted by considering various perspectives.

Keywords: Types and levels of speaking anxiety, speaking anxiety, Speaking for Academic and Professional Purposes