

## ABSTRAKSI

Penelitian ini bertujuan untuk mengetahui dampak dari mengimplementasikan konsep ikhlas dalam meningkatkan resiliensi pada penyandang disabilitas pasca kecelakaan di Himpunan Wanita Disabilitas Indonesia (HWDI) cabang Purwakarta. Metode penelitian yang digunakan ialah metode kualitatif dengan proses pengambilan data melalui observasi, Teknik wawancara dan dokumentasi di lingkungan penelitian untuk mengetahui pengaruh implementasi konsep ikhlas dalam meningkatkan resiliensi pada penyandang disabilitas pasca kecelakaan di Hipunan Wanita Disabilitas Indonesia (HWDI) Cabang Purwakarta.

Dari hasil penelitian menunjukan informan dalam mengimplementasikan konsep ikhlas seperti ikhlas dalam memurnikan agama, ikhlas dalam memurnikan perilaku, ikhlas dalam memurnikan ucapan, ikhlssa dalam memurnikan amal dan ikhlas dalam memurnika budipekerti. Menunjukan peningkatan resiliensi seperti dalam indikator-indikator diantaranya memiliki harga diri (*self-esteem*), dukungan sosial (*social support*), spiritualitas (*spirituality*), emosi positif (*positif emotion*), regulasi emosi (*emotion regulation*), pengendalian dorongan (*impluse control*), optimism (*optimism*), analisis kausal (*causal analysis*), empati (*empathy*), efikasi diri (*self-efficacy*), dan *reaching out*.

**Kata kunci:** konsep ikhlas, reiliensi, penyandang disabilitas pasca kecelakaan, Himpunan Wanita Disabilitas Indonesia (HWDI) Purwakarta

## ABSTRACTION

This study aims to determine the impact of implementing the concept of sincerity in increasing resilience in post-accident persons with disabilities at the Purwakarta branch of the Indonesian Women with Disabilities Association (HWDI). The research method used is a qualitative method with the process of collecting data through observation, interview and documentation techniques in the research environment to determine the effect of implementing the sincere concept in increasing resilience in post-accident persons with disabilities at the Indonesian Women's Association with Disabilities (HWDI) Purwakarta Branch.

The results of the study show that the informants implement the concept of sincerity such as sincerity in purifying religion, sincere in purifying behavior, sincere in purifying speech, sincere in purifying charity and sincere in purifying character. Showing increased resilience as in indicators including self-esteem, social support, spirituality, positive emotion, emotion regulation, impulse control, optimism (optimism), causal analysis (causal analysis), empathy (empathy), self-efficacy (self-efficacy), and reaching out.

**Keywords:** sincere concept, resilience, post-accident persons with disabilities, Indonesian Women with Disabilities Association (HWDI) Purwakarta