

CHAPTER I

INTRODUCTION

This chapter presents some points; they are the background, the statement of problems, the research objectives, the research significance, and the clarification of key terms.

1.1 Background

In this modern era, the position of literature in the human civilization is increasing and more important. Literature not only provides enjoyment and inner satisfaction, but also delivers a representation of social reality to the community. One form of literature as an infusion of the author's creative ideas is novel. Novels can freely talk about life experienced by human beings with various regulations and norms in their interaction with the environment so that in the literary work (novel) there is a certain meaning of life. Novel is fiction that tells the story of the life of the characters, their problems and values that seek authentic values in their world (Wardani, 2009:15). Some researches on novels deal with the characters and characterizations in the literary works that present various mental qualities and behaviors related to the psychological experiences and conflicts in the real human life. Analyzing the psychological experiences in the literary work needs to understand the Psychology of Literature.

The Psychology of Literature is the analysis of texts by considering the relevance and role of psychological studies, that is, Psychology plays an important role in analyzing a literary work by working from the point of psychological works of literature, both the elements of the authors, figures, and readers (Ratna, 2004: 350). In analyzing the psychology of literature, the discussion should not focus too much on the psychological aspect whereas the essential nature of literature is often left behind. The analysis of literary text which reflects characterization of the main character who experiences psychological problem should be observed in terms of the way the author present the psychological reflection (Minderop, 2016:3).

The author presents psychological reflection in the characters in such a way that the readers feel enchanted by psychological problems in the story that sometimes makes the readers feel involved themselves in the story. Shopie Kinsella in her novel entitled *Finding Audrey* also presents psychological reflection in Audrey as the main character who is portrayed in an interesting way and makes the researcher choose to study her psychological conflicts. Audrey was a girl of 14 years old who suffered from anxiety disorders, post-incident of bullying at school. Audrey shut herself off from the surrounding environment, including wearing black sunglasses everywhere, even at home to avoid an eye contact. She quitted school for a while. She was hiding in the dark. Based on the story in *Finding Audrey* novel, the researcher would like to know whether Audrey experiences social anxiety disorder or not by using Psychoanalytic theories.

To avoid any similarities of this study to previous research, the researcher conducted a search. From the search results and the search on literature reviews, directly or through the internet, the researcher has not found a common title and analysis yet. However, there are some previous researches that are relevant to the research topic. These studies are described as follows:

Dini Indiani (2013) in her undergraduate thesis entitled *Character Disorder in Marry Shelly's Frankenstein* has a similar topic about the social problem. The thesis focuses on analyzing elements of character disorder reflected in the main character; there are elements of the character disorder when he does the research and elements in main character's anxiety. Eneng Resti Kulsum (2016) in her undergraduate thesis entitled *The Abnormality of Two Main Characters in Chelsea Cain's Heartsick* has a similar topic about psychology disorder. The thesis focuses on analyzing two main characters who have psychiatric problems called sadistic and masochistic. Intan Ismiadita (2014) in her undergraduate thesis entitled *A Pedophile Characterization in Vladimir Nabokov's Lolita* has a similar topic about psychology disorder. The thesis focuses on the main character's behavior who suffers pedophile and the attitudes of other characters toward the main character. Nessie Agustia (2011) in her undergraduate thesis entitled *The Unconscious Mind of A Psychopath in Patrick Suskind's Perfume: The Story of A Murderer* discusses the same behavior based on unconscious mind. The thesis focuses on analyzing a psychopath's mind and behavior named Grenouille in his life experience in which he is not accepted in his family and surroundings as well as the impacts of his unconsciousness in his

adolescence. Angga Feri Fadillah (2013) in his undergraduate thesis entitled *The Mentality of Henry Townsend's Character in Constructing His Own Identity in Edward P. Jones' The Known World* focuses on analyzing the main character as a representation of a slave to be the master of the other black slaves and the construction of identity represented by Henry Townsend's character.

The difference that the researcher will reveal is the aspects of social anxiety disorder experienced by a girl aged 14 years contained in the novel *Finding Audrey* by Shopie Kinsella using Psychoanalytic theories.

1.2 Statement of Problem

The research deals with the main character and characterization in the literary work that presents various mental qualities and behaviors related to the psychological experiences and conflicts. The social anxiety disorder is a problem related to a psychological aspect underlying a person's behavior or attitude. The social anxiety disorder that is experienced by a person can be solved by some proper ways. The method of treating social anxiety disorder improperly may bring about the opposite result.

Based on the research background, the researcher tries to put it in the right track through the literary work, and the research problems are formulated in the following questions:

1. How is the social anxiety disorder suffered by main character described in the novel *Finding Audrey* by Sophie Kinsella?

2. What are the factors causing social anxiety disorder suffered by main character in the novel *Finding Audrey* by Sophie Kinsella?
3. How is the social anxiety disorder suffered by main character resolved in the novel *Finding Audrey* by Sophie Kinsella?

1.3 Research Objective

Based on the research problems that have been formulated in three questions above, this research has purposes as follows:

1. To describe the social anxiety disorder suffered of the main character constructed in the novel *Finding Audrey* by Shopie Kinsella.
2. To find out the causes of the main character's social anxiety disorder in the novel *Finding Audrey* by Shopie Kinsella.
3. To find out the ways to overcome the problem of social anxiety disorder of the main character in the novel *Finding Audrey* by Shopie Kinsella.

1.4 Research Significance

This research is done with the hope that it can be useful for those who are interested in psychological aspects of human life. The research is expected to give a contribution to the acquisition of knowledge about the psychological review of the literature that highlights human life and provide knowledge about the ways of resolving the problem of social anxiety disorder in our life.

1.5 Clarification of Key Terms

In order to minimize misinterpretation on the key terms used in this research, the researcher clarified some key points:

1. Social Anxiety Disorder

Social anxiety disorder (SAD) is a common psychiatric disorder characterized by a persistent, excessive fear and avoidance of social and performance situations (Hezel & McNally, 2014: 530)

2. Character

Characters are the persons presented in dramatics of narrative work, who are interpreted by readers as being endowed with the moral and dispositional qualities that are expressed in what they say and what they do in action (Roberts & Henry, 1993:20).