

ABSTRACT

Kendra Pratiwi. 1135030134. *Social Anxiety Disorder of The Main Character in Shopie Kinsella's Finding Audrey Novel*. An Undergraduate Thesis, English Department, Faculty of Adab and Humanities, Universitas Islam Negeri Sunan Gunung Djati. Advisors: 1. Dian Nurrachman, SS., M.Pd.; 2. Dadan Firdaus, S.Ag., M.Ag.

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Characters are the important element in the novel to build the story more interesting. Usually, the main characters in the novel have mental and physical similarities in the real life. Like in the novel *Finding Audrey*, Shopie Kinsella describes the main character in an interesting way in her novel. The social anxiety disorder is a problem related to a psychological aspect underlying a person's behavior or attitude. The social anxiety disorder that is experienced by a person can be solved by some proper ways. The method of treating social anxiety disorder improperly may bring about the opposite result. Therefore, this paper focuses on analyzing 1) the social anxiety disorder of the main character, 2) the factors causing social anxiety disorder suffered by main character, and 3) resolving social anxiety disorder of the main character.

This research uses pragmatic approach since it is suitable to be applied in literary works by viewing the reader's impression and acceptance of the literary work. This approach fits with the psychological criticism built on the Freudian theories of Psychoanalysis. To analyze social anxiety disorder suffered by the main character, the researcher uses the theory of social anxiety disorder from the American Psychiatric Association.

The results of the analysis show that 1) The social anxiety disorder of the main character is described when she has to be present in front of a stranger or whom she has not known very well; her anxiety will arise in the form of panic attack and get some somatic reactions, 2) There are two factors which can cause social anxiety disorder suffered by the main character. The main factor is the environmental experience of bullying that makes the main character get a deep trauma. Another factor is introvert that is manifested in the form of temperaments with shy characteristics, 3) The main character's social anxiety disorder is resolved with the help of the therapist, people who have intimate relationship with her, and herself. The therapist uses the treatment of speech (talking cure) which is developed by Freud's method. The therapist demands the patient to say everything and anything that has happened to her freely and without the necessity of trying to make a logical and orderly description called the free association method.