

CHAPTER I

INTRODUCTION

This chapter deals with introduction that consists of background of the study, problems of the study, objectives of the study, significance of the study and definition of key terms.

1.1 Background

Human want to life safe, comfort and stable with all requirements realizeable without any deferment. However, when they become adult, they will be faced with society which is complicated and of course many problems in its. The problem in human's life considered as a threat that would makes them uncomfort. A common individual's reaction toward threats is being fear. Whereas, the anxiety functions to be warning someone about threats that will come. This is in line with Hall and Lindzey who said that the function anxiety is to warning about the danger that will come to us (81). When this feeling operate, it means that someone experienced a psychological problems.

Anxiety is one of important point to discuss human psychological problems. Whereas the science which studying human psyche is called psychoanalysis. Tyson (11) said that "psychoanalytic concepts have become part of our everyday live, and therefore psychoanalytic thinking should have the advantages of familiarity". This means that human personality can be investigated through the psychoanalysis criticism because it can help us to understand about human behavior. Barry says

this practice is based upon specific theories of how the mind, the instinct, and sexuality work (113). These theories were developed by the Austrian, Sigmund Freud (1856-1939).

On the other hand, psychoanalysis concept can be applied into literary works especially a novel. The novel has a close relationship with humans, because the novel as a literary work is one of human thought which is based on observation and personal experience of the author life. Through psychoanalysis, literary works can be analyzed because they are the product from the idea of the authors when they are in unconscious situation. "After that situation they begin to write their idea into the form of literary works" (Endraswara in Minderop: 15). It is means that the theory of psychoanalysis is connected to the function of development in human mental.

Actually, the usage of psychoanalysis concept toward literary works will result a questions. It is because the character in a literary works is different with the human in real life . But, Tyson (35) said that psychoanalyzing the behavior of characters is probably the best way to learn how to use the theory. This is in line with Endraswara (in Minderop: 2) who said that psychoanalysis have important benefits to understand a literary works because there is the advantages such as: to analyze about characterization aspect deeper, to provide feedback to the researcher about characterization issue that developed, and this kind of research is helpful to analyze literary works which is thick with psychological problems. So, the research about psychological problems in the literary works perfectly suited investigated through psychoanalysis.

Novel always gives an overview of a wide variety of characters or human nature. In it no doubt readers often lead to the interpretation that is opaque, not clear even tends subversive. Novel is one of the literary texts in which the characters become part of it. According to Bennett and Royle (60), “character is the life of literature: they are the objects of our curiosity and fascination, affection and dislike, admiration and condemnation.” Like the human personality in the real life, characters are the personality which the author creates. Freedom in expression of the author imagination makes himself not bothered to think about how the reader will interpret his writings.

Character is person which could be man or women that used to become doer who carry out every events in story of novel. Abrams (32) states that:

“Characters are the persons represented in a dramatic or narrative work, who are interpreted by the reader as being endowed with particular moral, intellectual, and emotional qualities by inferences from what the persons say and their distinctive ways of saying it - the dialogue - and from what they do -the action”

From this point, the fact of personal life can be found in the literature played by characters. In the elemental analysis, the characterization is close to individual personality. Personality owned by the characters in the story is interesting to be studied. This is in line with the opinion of Harjana, who expressed that the literary work regarded as an object of psychology can be understood by a person with observing the behavior of the characters in the novel (60). As symptoms psychiatric, psychological literature contains phenomena that seem through the behavior of the characters.

In 1951, *The Catcher in the Rye* was published. It is a novel by J.D Salinger that is exciting to be studied and interpreted. Especially in terms of the characterizations of the main characters: Holden Caulfield, who had invited controversy because of the use of language considered rude and dominated by the angry tone.

However, back to the basic functions of the novel as a description of reality, the main character is sixteen years old figure just an ordinary teen with an emotional condition that relatively unstable makes easier for him ignited the fire of anger. Transition period is very influential to Holden psychological process. Holden often faced with ignorance in his stride and a sense of isolate in the middle of his new life as a teenager who enters adulthood. Continue to follow his childhood, memories on the beauties of the past are freely without restraint. Wellek and Warren argue that the author or artist must have freedom of mixing between reality with delusion in the role of the characters (95). Consciously, the author can control the entry of unconscious imaginations which have undergone a metamorphosis to the narrative story

In this study the researcher will try to analyze Holden's anxiety by using psychoanalysis theory. However, as Tyson said (35) that the basic principles of psychoanalysis to which most other psychoanalytic concepts are in some way related in order to facilitate our reading of psychoanalytic theorists and literary critics with some understanding of the issues that raise. So it stands to reason that when we read psychoanalytically, we will see which concept are operating in the text in such a way as to enrich our understanding of the literary work,

Basically, psychoanalysis is the study of human mentality. According to Barry, psychoanalysis is a therapy for mental problems healing whereas psychoanalysis criticism is a form of literary critic that using some of psychoanalysis technique in interpreting a literature (113). So, in a literary work, psyche of the character can be analyzed by psychoanalysis criticism.

Holden character in the story have a psychological problems that shows in his anxious feeling. Anxiety is one of important point in discussing Psychoanalysis. Tyson said that Psychoanalysis, as a form of therapy, is the controlled working in and with anxiety (17). Many things that underlying someone to be anxious. Whereas the anxiety can reveal some of core issues but here the researcher focuses in three kind of core issues.

The first core issues that the researcher focused is *fear of intimacy*. Tyson says *fear of intimacy* is the chronic and overpowering feeling that emotional closeness will seriously hurt or destroy us and that we can remain emotionally safe only by remaining at an emotional distance from others at all times (16). It seems like we feels that someone else is a threat that could disrupt our comfort then we do our best to stay away from the threat by closing ourself from getting too close to other people. The second is *fear of abandonment*. According to Tyson, *fear of abandonment* is the unshakable belief that our friends and loved ones are going to desert us (physical abandonment) or don't really care about us (emotional abandonment) (16). On the other words, we feels delighted if other peoples recognizes our presence. When this feeling operate, we tends to seek attention from others in order to feel recognized because loneliness considered a

threat that could disrupt our comfortable. The last core issues that the researcher focused is *fear of betrayal*. This is a negative thinking about other people who considered as a threat that could betray and harm us. This is in line with Tyson who said that *fear of betrayal* is the nagging feeling that our friends and loved ones can't be trusted, for example, can't be trusted not to lie to us, not to laugh at us behind our backs, or in the case of romantic partners, not to cheat on us by dating others (16).

Three of that terms are going to be correlated with Holden attitudes which differ from other characters who tend stable and controlled. The terms are *fear of intimacy*, *fear of abandonment* and *fear of betrayal*. All of these three are underlying Holden behavior to be loner and full of anger. From this approach, the behavior of the character, cause actions taken and chosen by him, are expected to be investigated.

Here the researcher will try to reveal how the anxiety is applied to the character of Holden. Holden have an abnormal behavior in both the way he talks and how he solves the problem when he feel anxious. So, of course there were a psychological problem in Holden character.

The most valuable thing of this novel that makes the researcher eager to find out is because there are some psychological problems are found in several teenagers in facing adult world. Moreover, this novel is ever not allowed to publish because there are many negative things that consist in this novel which might be imitated by reader. So, I'm eager to find the reason and the cause that make these Psychological issues happen to teenager through analyzing the character of Holden.

1.2 Problem of the Study

Basically, Holden is an ordinary teenager who grew up as teenagers typically. However, as he grows to adulthood many things that he considers or almost all of it is not true. He seemed revolting way most people think. One form of rebellion with several times that he was expelled from school at the time was regarded as a disgrace. But Holden himself even up to three times expelled from school he seems to want it to happen.

Holden attitude is arguably unusual and have some psychological problem. For example, both of his friend and himself, only Holden who is smoker and alcoholic. Holden's attitude is underlyied by anxious feeling that he feel.

To conduct the research, the researcher will expose it into a research question:

1. How is the anxiety of the main character Holden Caulfield showed in J. D. Salinger's *The Catcher in The Rye* ?
2. What is the role of other characters in constructing Holden's anxiety?

1.3 Objectives of the Study

This research is aimed to find the answers for the questions mentioned above as accurately as possible. Thus, the purposes of this research are:

1. To describe the anxiety of the main character Holden Caulfield in J. D. Salinger's *The Catcher in The Rye*.
2. To describe the role of other characters in constructing Holden's anxiety

1.4 Significances of the Study

Regarding the significance of the research, this research is divided into two kinds of significances, namely academic significance and practical significance. Academically, this research can be used as a reference for students, lecturers, or someone who intend the anxiety of teenager according to characterization that describes in literary character and also the role of other characters in constructing the anxiety itself in *The Catcher in The Rye*. Practically, this research can be such an representation of a teenager when facing the adult world. Where there are a lot of things that can be contradictive with childhood world. And also it can be an image of how teenager views and solves the problem.

1.5 Definitions of Key Terms

In order to avoid misunderstanding and misinterpretation of words in this research, the researcher explains essential terms which are related to this research, they are:

a. Character

The persons represented in a dramatic or narrative work, who are interpreted by the reader as being endowed with particular moral, intellectual, and emotional qualities by inferences from what the persons say and their distinctive ways of saying it - the dialogue - and from what they do -the action

b. Characterization

Characterization is the way to create the image of character, then the portray of characterization can be seen by the action of character, the statement of character, the thought of character, the physical of character and what the character says and thought about himself or herself

c. Psychoanalysis

A critical theory to analyze the text which represented of human character itself, although embodiment may be fictional characters. It is concerned to the behavior represented by literary characters, just as illustrations of real life issues.

d. Personality

Personality is made up the characteristic patterns of thought, feelings and behaviors that make a person unique. It arises from within the individual and remains fairly consistent throughout life

e. Anxiety

A common people reaction when they are fear. That reaction makes people feeling anxious. Anxiety functions to warning someone about threats that will come.